

Grand Prix International Masters - Challenge Everaert
Charleroi, 10- - 11-11-2019

Epreuve 1 Mixte, 4 x 100m Libre CA 100 - 359
10-11-19 Liste résultats

Points: FINA 2019

Rang				Temps	Pts
R2					
1.	HELIOS R2		HELIOS	4:58.39	299
	ROLDAN SIMON, Adrien	90	1:09.86 DELEPLANQUE, Xavier	73	1:11.95
	LENOIR, Sunny	78	1:16.33 BURTON, Elizabeth	88	1:20.25

R5					
1.	HELIOS R5		HELIOS	6:22.68	141
	SIMOENS, Gaëtan	65	1:28.76 LEROY, Suzette	52	1:31.18
	DUBUISSON, Yolande	51	1:42.82 JULLIEN, Guy	57	1:39.92

Epreuve 2 400m Libre 20 ans et plus
10-11-19 Liste résultats

Points: FINA 2019

Rang			AN		Temps	Pts
20 - 24 ans, Dames						
1.	ROTTHER, Tessa		96	GBZ	5:46.14	318
	50m: 39.15 39.15	150m: 2:04.64 43.78	250m: 3:34.06 45.22	350m: 5:04.69 45.50		
	100m: 1:20.86 41.71	200m: 2:48.84 44.20	300m: 4:19.19 45.13	400m: 5:46.14 41.45		

25 - 29 ans, Messieurs						
1.	ROLDAN SIMON, Adrien		90	HELIOS	5:02.91	383
	50m: 33.00 33.00	150m: 1:46.15 37.71	250m: 3:03.90 40.05	350m: 4:25.11 41.07		
	100m: 1:08.44 35.44	200m: 2:23.85 37.70	300m: 3:44.04 40.14	400m: 5:02.91 37.80		
2.	BERCKMANS, Nicolas		94	W	5:56.78	234
	50m: 39.53 39.53	150m: 2:08.52 46.12	250m: 3:40.64 46.39	350m: 5:12.57 46.57		
	100m: 1:22.40 42.87	200m: 2:54.25 45.73	300m: 4:26.00 45.36	400m: 5:56.78 44.21		

30 - 34 ans, Dames						
1.	GUERET, Aurore		87	CNSW	5:58.16	287
	50m: 39.04 39.04	150m: 2:08.75 46.20	250m: 3:40.41 45.87	350m: 5:14.04 47.45		
	100m: 1:22.55 43.51	200m: 2:54.54 45.79	300m: 4:26.59 46.18	400m: 5:58.16 44.12		

35 - 39 ans, Messieurs						
1.	SLEGGERS, Nicolas		84	CNSW	5:40.96	268
	50m: 37.08 37.08	150m: 2:01.46 42.73	250m: 3:29.76 44.11	350m: 4:58.05 43.03		
	100m: 1:18.73 41.65	200m: 2:45.65 44.19	300m: 4:15.02 45.26	400m: 5:40.96 42.91		

35 - 39 ans, Dames						
1.	WANTER, Ann		82	ZGEEL	4:55.32	513
	50m: 33.99 33.99	150m: 1:47.78 37.36	250m: 3:02.88 37.43	350m: 4:18.43 37.87		
	100m: 1:10.42 36.43	200m: 2:25.45 37.67	300m: 3:40.56 37.68	400m: 4:55.32 36.89		
2.	VAERNEWYCK, Stephanie		83	MEGA	5:03.67	472
	50m: 35.02 35.02	150m: 1:51.26 38.76	250m: 3:08.98 38.71	350m: 4:26.26 38.62		
	100m: 1:12.50 37.48	200m: 2:30.27 39.01	300m: 3:47.64 38.66	400m: 5:03.67 37.41		

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Epreuve 2, 400m Libre

40 - 44 ans, Messieurs

1.	RUTTEN, Ben	76	OZEKA						4:41.22	479
	50m: 31.91	31.91	150m: 1:41.96	35.63	250m: 2:53.34	35.96	350m: 4:06.15	36.80		
	100m: 1:06.33	34.42	200m: 2:17.38	35.42	300m: 3:29.35	36.01	400m: 4:41.22	35.07		
2.	SIECZYNSKI, Bart	79	MLKR						5:21.38	321
	50m: 36.19	36.19	150m: 1:54.65	40.62	250m: 3:17.20	42.28	350m: 4:41.61	42.81		
	100m: 1:14.03	37.84	200m: 2:34.92	40.27	300m: 3:58.80	41.60	400m: 5:21.38	39.77		

45 - 49 ans, Messieurs

1.	NAHON, Bruno	70	CNSW						5:20.96	322
	50m: 35.12	35.12	150m: 1:53.20	39.87	250m: 3:16.10	41.37	350m: 4:39.88	41.56		
	100m: 1:13.33	38.21	200m: 2:34.73	41.53	300m: 3:58.32	42.22	400m: 5:20.96	41.08		
2.	CONTENT, Stéphane	71	CNSW						5:29.01	299
	50m: 38.56	38.56	150m: 2:01.76	42.46	250m: 3:25.86	42.40	350m: 4:49.57	41.84		
	100m: 1:19.30	40.74	200m: 2:43.46	41.70	300m: 4:07.73	41.87	400m: 5:29.01	39.44		
3.	JONKER, Arnold	70	HZ&PC						6:57.55	146
	50m: 50.10	50.10	150m: 2:36.28	53.57	250m: 4:21.11	53.47	350m: 6:07.77	53.23		
	100m: 1:42.71	52.61	200m: 3:27.64	51.36	300m: 5:14.54	53.43	400m: 6:57.55	49.78		

45 - 49 ans, Dames

1.	VAN LINDT, Kathy	71	CNSW						5:25.30	384
	50m: 36.72	36.72	150m: 1:57.56	41.61	250m: 3:21.31	42.51	350m: 4:45.34	42.00		
	100m: 1:15.95	39.23	200m: 2:38.80	41.24	300m: 4:03.34	42.03	400m: 5:25.30	39.96		
2.	BOUGEÂTRE, Cindy	74	DZV						7:20.61	154
	50m: 47.71	47.71	150m: 2:37.86	56.39	250m: 4:32.88	57.82	350m: 6:28.58	58.08		
	100m: 1:41.47	53.76	200m: 3:35.06	57.20	300m: 5:30.50	57.62	400m: 7:20.61	52.03		

50 - 54 ans, Messieurs

1.	CALLENS, Jean-Claude	67	DM						6:16.43	199
	50m: 42.48	42.48	150m: 2:17.31	48.20	250m: 3:53.96	48.80	350m: 5:31.41	49.19		
	100m: 1:29.11	46.63	200m: 3:05.16	47.85	300m: 4:42.22	48.26	400m: 6:16.43	45.02		
2.	JASSOGNE, Claude	68	HELIOS						6:24.93	186
	50m: 42.47	42.47	150m: 2:18.39	48.78	250m: 3:58.32	50.17	350m: 5:40.13	50.44		
	100m: 1:29.61	47.14	200m: 3:08.15	49.76	300m: 4:49.69	51.37	400m: 6:24.93	44.80		
3.	SIMOENS, Gaëtan	65	HELIOS						7:03.12	140
	50m: 48.23	48.23	150m: 2:34.00	54.55	250m: 4:24.74	57.09	350m: 6:09.90	53.23		
	100m: 1:39.45	51.22	200m: 3:27.65	53.65	300m: 5:16.67	51.93	400m: 7:03.12	53.22		

55 - 59 ans, Messieurs

1.	AERTS, Davy	64	SHARK						5:30.12	296
	50m: 36.58	36.58	150m: 1:59.42	42.00	250m: 3:24.17	42.41	350m: 4:48.96	42.21		
	100m: 1:17.42	40.84	200m: 2:41.76	42.34	300m: 4:06.75	42.58	400m: 5:30.12	41.16		

60 - 64 ans, Messieurs

1.	JULLIEN, Guy	57	HELIOS						7:01.46	142
	50m: 48.53	48.53	150m: 2:33.70	53.61	250m: 4:21.50	54.10	350m: 6:09.91	54.97		
	100m: 1:40.09	51.56	200m: 3:27.40	53.70	300m: 5:14.94	53.44	400m: 7:01.46	51.55		

65 - 69 ans, Messieurs

1.	CADIAT, Jean-Marie	53	CNSW						5:25.03	310
	50m: 36.83	36.83	150m: 1:59.61	41.67	250m: 3:23.33	41.99	350m: 4:46.47	41.20		
	100m: 1:17.94	41.11	200m: 2:41.34	41.73	300m: 4:05.27	41.94	400m: 5:25.03	38.56		

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Epreuve 2, 400m Libre

65 - 69 ans, Dames

1.	LEROY, Suzette	52	HELIOS						6:39.20	207
	50m: 43.57	43.57	150m: 2:23.13	50.00	250m: 4:06.15	51.15	350m: 5:49.60	51.50		
	100m: 1:33.13	49.56	200m: 3:15.00	51.87	300m: 4:58.10	51.95	400m: 6:39.20	49.60		
2.	MEIJER, Ineke	52	HZ&PC						7:39.53	136
	50m: 51.88	51.88	150m: 2:48.68	1:00.12	250m: 4:47.00	1:00.24	350m: 6:45.62	59.65		
	100m: 1:48.56	56.68	200m: 3:46.76	58.08	300m: 5:45.97	58.97	400m: 7:39.53	53.91		

85 - 89 ans, Dames

1.	PELLIS, Eliane	33	SHARK						9:02.74	82
	50m: 54.48	54.48	150m: 3:09.00	1:08.53	250m: 5:30.37	1:10.82	350m: 7:53.56	1:11.62		
	100m: 2:00.47	1:05.99	200m: 4:19.55	1:10.55	300m: 6:41.94	1:11.57	400m: 9:02.74	1:09.18		

Epreuve 3
10-11-19

50m Papillon

20 ans et plus
Liste résultats

Points: FINA 2019

Rang	AN		Temps	Pts
20 - 24 ans, Messieurs				
1.	DE MEULENEIRE, Jarl	97	ZNA	31.15 365
2.	ROISEUX, Antoine	96	CEBENA	31.84 342
20 - 24 ans, Dames				
1.	DAROUX, Marine	96	CNSW	36.60 297
2.	ROTHIER, Tessa	96	GBZ	38.27 260
25 - 29 ans, Messieurs				
1.	VAN GOETHEM, Niels	92	GBZ	35.46 247
25 - 29 ans, Dames				
1.	SCHOENHAGE, Nanna Lauritz	91	CNSW	37.14 284
2.	DUPUIS, Morgane	91	CNSW	37.32 280
30 - 34 ans, Messieurs				
1.	MATTÉ, Steven	85	ZNA	38.50 193
35 - 39 ans, Messieurs				
1.	EELBODE, Nik	81	ZNA	31.16 365
35 - 39 ans, Dames				
1.	WANTER, Ann	82	ZGEEL	32.72 416
40 - 44 ans, Messieurs				
1.	HERMANS, Arnaud	77	HELIOS	30.47 390
2.	VAN HAVERE, Tim	77	GBZ	33.04 306
3.	DE VRIENDT, Nils	78	ZNA	37.26 213

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Epreuve 3, 50m Papillon

45 - 49 ans, Messieurs

1. TONUS, Frederic	73	Lux Sharks 16	26.61	586
2. ARNOULD, Xavier	74	CNSW	30.41	392
3. DELEPLANQUE, Xavier	73	HELIOS	33.97	281

45 - 49 ans, Dames

1. ROLLAND, Valérie	71	CNSW	38.10	263
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50 - 54 ans, Messieurs

1. DE SCHEERDER, Philippe	65	CDC	34.09	278
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50 - 54 ans, Dames

1. DELAERE, Sabine	69	DM	46.60	144
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55 - 59 ans, Messieurs

1. PICALET, Michel	62	DM	54.32	68
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55 - 59 ans, Dames

1. WATERVAL, Marie-Paul	62	LDV	54.46	90
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60 - 64 ans, Messieurs

1. SCHOENAERS, Christian	59	CNSW	40.62	164
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65 - 69 ans, Messieurs

1. CADIAT, Jean-Marie	53	CNSW	33.23	301
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65 - 69 ans, Dames

1. BLONDEEL-GOURMET, Fernande	52	CNSW	52.81	98
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Epreuve 4
10-11-19

50m Dos

20 ans et plus
Liste résultats

Points: FINA 2019

Rang	AN		Temps	Pts
25 - 29 ans, Messieurs				
1. FRIZ, Lorenzo	92	CNSW	38.92	234
25 - 29 ans, Dames				
1. DUPUIS, Morgane	91	CNSW	41.76	269
30 - 34 ans, Dames				
1. ALLARY, Lyndsay	85	ROSC	56.44	109
35 - 39 ans, Messieurs				
1. HULOT, Julien	80	W	36.30	289

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Epreuve 4, 50m Dos

35 - 39 ans, Dames

1. DE TEMMERMAN, Joke	82	DDZZ	36.61	400
2. VRANA, Chrysanthi	81	CNSW	46.65	193

40 - 44 ans, Messieurs

1. DUREZ, G��rald	76	ENLN	30.89	469
2. VAN HAVERE, Tim	77	GBZ	42.58	179

45 - 49 ans, Dames

1. SHOJI, Chiho	70	CNSW	38.98	331
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50 - 54 ans, Dames

1. DUBUS, Lucy	69	DM	44.08	229
2. WALRAVENS, Paule	67	CNSW	44.66	220
3. MARTINS, Nathalie	66	USSA	48.93	167

55 - 59 ans, Messieurs

1. CHALMER, Olaf	64	Lux Sharks 16	46.50	137
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55 - 59 ans, Dames

1. VAN DER MOLEN, Pia	60	Avena	45.36	210
2. VANKEMEULEN, Cathy	64	HELIOS	50.58	151

65 - 69 ans, Dames

1. VAN CANT, Maryse	54	AZSC	1:03.53	76
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Epreuve 5
10-11-19

50m Brasse

20 ans et plus
Liste r  sultats

Points: FINA 2019

Rang	AN		Temps	Pts
25 - 29 ans, Dames				
1. COSTA, Sara	93	ROSC	39.71	405
30 - 34 ans, Messieurs				
1. COLLARD, Nicolas	89	CNSW	37.35	335
30 - 34 ans, Dames				
1. MANDERVELD, Karlien	88	LAQUA	38.39	449
2. GUERET, Aurore	87	CNSW	44.07	296
3. BURTON, Elizabeth	88	HELIOS	47.82	232
35 - 39 ans, Messieurs				
1. SLEGERS, Nicolas	84	CNSW	38.46	307
35 - 39 ans, Dames				
1. DE TEMMERMAN, Joke	82	DDZZ	39.05	426

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Epreuve 5, 50m Brasse

45 - 49 ans, Messieurs

1. DELEPLANQUE, Xavier	73	HELIOS	38.99	294
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45 - 49 ans, Dames

1. BOUGEÂTRE, Cindy	74	DZV	58.10	129
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50 - 54 ans, Messieurs

1. JASSOGNE, Claude	68	HELIOS	44.87	193
2. SIMOENS, Gaëtan	65	HELIOS	48.20	156

50 - 54 ans, Dames

1. VANDENBROUCK, Ann	65	ROSC	55.59	147
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55 - 59 ans, Messieurs

1. MINON, Alain	63	HELIOS	44.34	200
2. BARTH, Jean-François	60	CNSW	45.18	189

55 - 59 ans, Dames

1. WATERVAL, Marie-Paul	62	LDV	53.23	168
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60 - 64 ans, Messieurs

1. SCHOENAERS, Christian	59	CNSW	41.22	249
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65 - 69 ans, Dames

1. DUBUISSON, Yolande	51	HELIOS	52.89	171
2. MEIJER, Ineke	52	HZ&PC	1:00.01	117

80 - 84 ans, Messieurs

1. DEFAWE, André	37	PERRON	1:09.84	51
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Epreuve 6
10-11-19

50m Libre

20 ans et plus
Liste résultats

Points: FINA 2019

Rang	AN		Temps	Pts
20 - 24 ans, Messieurs				
1. ROISEUX, Antoine	96	CEBENA	28.23	406
2. DE MEULENEIRE, Jarl	97	ZNA	28.31	402
20 - 24 ans, Dames				
1. MESTDAGH, Magali	96	DM	29.87	497
2. ROTTHIER, Tessa	96	GBZ	34.31	328
25 - 29 ans, Messieurs				
1. ROLDAN SIMON, Adrien	90	HELIOS	30.19	332
2. VAN GOETHEM, Niels	92	GBZ	31.30	298

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Epreuve 6, 50m Libre

25 - 29 ans, Dames

1. SCHOENHAGE, Nanna Lauritz	91	CNSW	34.29	328
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30 - 34 ans, Messieurs

1. MATTÉ, Steven	85	ZNA	30.35	327
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30 - 34 ans, Dames

1. MANDERVELD, Karlien	88	LAQUA	29.73	504
2. BURTON, Elizabeth	88	HELIOS	35.56	294

35 - 39 ans, Messieurs

1. EELBODE, Nik	81	ZNA	29.06	372
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35 - 39 ans, Dames

1. WANTER, Ann	82	ZGEEL	30.94	447
2. VRANA, Chrysanthi	81	CNSW	38.18	238

40 - 44 ans, Messieurs

1. HERMANS, Arnaud	77	HELIOS	27.80	425
2. VAN HAVERE, Tim	77	GBZ	30.07	336
3. SIECZYNSKI, Bart	79	MLKR	30.84	311
4. DE VRIENDT, Nils	78	ZNA	32.17	274

40 - 44 ans, Dames

1. LENOIR, Sunny	78	HELIOS	35.29	301
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45 - 49 ans, Dames

1. SHOJI, Chiho	70	CNSW	33.09	366
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50 - 54 ans, Messieurs

1. HERMAN, Hugues	66	CNSW	28.07	413
2. WADIN, Christophe	68	DM	28.95	376
3. DE SCHEERDER, Philippe	65	CDC	31.62	289
4. JASSOGNE, Claude	68	HELIOS	35.84	198
5. SIMOENS, Gaëtan	65	HELIOS	36.19	192

50 - 54 ans, Dames

1. DUBUS, Lucy	69	DM	36.44	274
2. DROSSOU, Alik	65	CNSW	45.56	140

55 - 59 ans, Messieurs

1. FRIZ, Antonio	60	CNSW	34.00	232
2. CHALMER, Olaf	64	Lux Sharks 16	36.16	193
3. BARTH, Jean-François	60	CNSW	39.83	144

55 - 59 ans, Dames

1. VAN DER MOLEN, Pia	60	Avena	37.09	259
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Grand Prix International Masters - Challenge Everaert
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Epreuve 6, 50m Libre

60 - 64 ans, Messieurs

1. JULLIEN, Guy	57	HELIOS	40.51	137
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65 - 69 ans, Dames

1. LEROY, Suzette	52	HELIOS	40.95	193
2. BLONDEEL-GOURMET, Fernande	52	CNSW	47.33	125

70 - 74 ans, Dames

1. ROFFIAEN, Anne-Marie	48	HELIOS	1:10.01	38
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75 - 79 ans, Messieurs

1. DE HAAN, Michel	44	CNSW	36.12	194
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Epreuve 7
10-11-19

200m Papillon

20 ans et plus
Liste résultats

Points: FINA 2019

Rang	AN		Temps	Pts	50m	100m	150m	200m
35 - 39 ans, Dames								
1. VAERNEWYCK, Stephanie	83	MEGA	2:55.00	337	37.59	43.44	47.59	46.38
45 - 49 ans, Messieurs								
1. TONUS, Frederic	73	Lux Sharks 16	2:19.29	513	30.95	34.96	36.50	36.88
2. DELEPLANQUE, Xavier	73	HELIOS	3:15.33	186	39.65	49.16	52.98	53.54

Epreuve 8
10-11-19

200m Dos

20 ans et plus
Liste résultats

Points: FINA 2019

Rang	AN		Temps	Pts	50m	100m	150m	200m
25 - 29 ans, Messieurs								
1. VAN GOETHEM, Niels	92	GBZ	2:57.11	252	41.42	45.34	45.79	44.56
35 - 39 ans, Dames								
1. WENTER, Ann	82	ZGEEL	2:41.62	452	38.60	40.26	41.94	40.82
45 - 49 ans, Messieurs								
1. NAHON, Bruno	70	CNSW	2:52.36	273	41.51	42.91	44.99	42.95
2. JONKER, Arnold	70	HZ&PC	3:56.02	106	52.99	59.87	1:01.75	1:01.41
45 - 49 ans, Dames								
1. SHOJI, Chiho	70	CNSW	2:55.39	353	41.52	43.10	46.02	44.75
2. ROLLAND, Valérie	71	CNSW	3:05.88	297	43.31	46.64	47.64	48.29
50 - 54 ans, Dames								
1. WALRAVENS, Paule	67	CNSW	3:41.07	176	51.24	56.87	58.84	54.12

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Epreuve 8, 200m Dos

55 - 59 ans, Dames

1. VAN DER MOLEN, Pia	60	Avena	3:41.92	174	52.77	54.88	59.41	54.86
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60 - 64 ans, Messieurs

1. SCHOENAERS, Christian	59	CNSW	3:43.44	125	54.00	55.78	57.66	56.00
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65 - 69 ans, Dames

1. MEIJER, Ineke	52	HZ&PC	4:09.12	123	58.23	1:04.76	1:05.30	1:00.83
2. VAN CANT, Maryse	54	AZSC	5:08.05	65	1:07.34	1:18.94	1:23.02	1:18.75

Epreuve 9
10-11-19

200m Brasse

20 ans et plus
Liste résultats

Points: FINA 2019

Rang	AN		Temps	Pts	50m	100m	150m	200m	
20 - 24 ans, Dames									
1.	DAROUX, Marine	96	CNSW	3:21.74	327	45.23	51.37	52.63	52.51
25 - 29 ans, Dames									
1.	COSTA, Sara	93	ROSC	3:20.97	331	46.09	50.97	53.92	49.99
2.	SCHOENHAGE, N.	91	CNSW	3:23.52	319	45.41	50.31	53.96	53.84
30 - 34 ans, Dames									
1.	ALLARY, Lyndsay	85	ROSC	4:20.37	152	1:00.29	1:04.65	1:08.68	1:06.75
35 - 39 ans, Messieurs									
1.	HULOT, Julien	80	W	3:08.96	301	40.99	46.83	50.08	51.06
2.	SLEGERS, Nicolas	84	CNSW	3:10.00	296	43.79	49.21	49.32	47.68
35 - 39 ans, Dames									
1.	DE TEMMERMAN, Joke	82	DDZZ	3:03.11	438	42.83	46.88	47.02	46.38
40 - 44 ans, Messieurs									
1.	HERMANS, Arnaud	77	HELIOS	3:06.66	312	40.58	45.67	50.45	49.96
45 - 49 ans, Messieurs									
1.	DELEPLANQUE, Xavier	73	HELIOS	3:15.46	272	42.84	49.35	51.80	51.47
45 - 49 ans, Dames									
1.	VAN LINDT, Kathy	71	CNSW	3:21.10	331	46.44	49.74	53.50	51.42
50 - 54 ans, Messieurs									
1.	HERMAN, Hugues	66	CNSW	2:58.82	355	41.56	44.61	46.67	45.98
2.	SIMOENS, Gaëtan	65	HELIOS	3:55.54	155	54.88	1:00.99	1:05.72	53.95
50 - 54 ans, Dames									
1.	MARTINS, Nathalie	66	USSA	3:48.02	227	53.25	58.04	57.68	59.05
2.	VANDENBROUCK, Ann	65	ROSC	4:31.56	134	1:00.71	1:07.76	1:13.07	1:10.02

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Epreuve 9, 200m Brasse

55 - 59 ans, Messieurs

1. MINON, Alain	63	HELIOS	3:51.74	163	49.52	57.35	1:03.42	1:01.45
2. BARTH, Jean-François	60	CNSW	3:56.36	153	50.65	1:01.07	1:04.71	59.93

55 - 59 ans, Dames

1. WATERVAL, Marie-Paul	62	LDV	3:59.59	195	56.82	1:03.07	1:01.22	58.48
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60 - 64 ans, Messieurs

1. SCHOENAERS, Christian	59	CNSW	3:33.46	208	48.60	53.98	56.28	54.60
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60 - 64 ans, Dames

1. SKOPINA, Liudmila	57	CNBA	3:41.41	248	52.43	55.03	59.53	54.42
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65 - 69 ans, Messieurs

1. CADIAT, Jean-Marie	53	CNSW	3:13.04	282	43.15	50.67	50.31	48.91
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65 - 69 ans, Dames

1. DUBUISSON, Yolande	51	HELIOS	4:12.19	167	56.63	1:04.05	1:05.42	1:06.09
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80 - 84 ans, Messieurs

1. DEFAWE, André	37	PERRON	6:23.25	36	1:23.94	1:40.68	1:42.07	1:36.56
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Epreuve 10
10-11-19

200m Libre

20 ans et plus
Liste résultats

Points: FINA 2019

Rang	AN		Temps	Pts	50m	100m	150m	200m
20 - 24 ans, Messieurs								
1. ROISEUX, Antoine	96	CEBENA	2:18.57	398	31.12	34.27	37.38	35.80
20 - 24 ans, Dames								
1. MESTDAGH, Magali	96	DM	2:28.75	438	34.55	37.74	38.81	37.65
2. ROTTHIER, Tessa	96	GBZ	2:45.22	319	38.61	41.92	44.26	40.43
25 - 29 ans, Messieurs								
1. ROLDAN SIMON, Adrien	90	HELIOS	2:23.09	362	32.11	35.71	37.52	37.75
2. FRIZ, Lorenzo	92	CNSW	2:40.17	258	34.89	40.66	42.90	41.72
3. BERCKMANS, Nicolas	94	W	2:41.73	250	36.04	40.59	42.39	42.71
25 - 29 ans, Dames								
1. SCHOENHAGE, N.	91	CNSW	2:53.28	277	38.47	43.85	46.68	44.28
2. DUPUIS, Morgane	91	CNSW	2:54.06	273	40.20	45.21	44.99	43.66
30 - 34 ans, Messieurs								
1. COLLARD, Nicolas	89	CNSW	2:15.72	424	31.30	34.31	35.17	34.94
30 - 34 ans, Dames								
1. MANDERVELD, Karlien	88	LAQUA	2:25.18	471	34.21	37.62	38.53	34.82

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Epreuve 10, 200m Libre

35 - 39 ans, Dames

1. VAERNEWYCK, Stephanie	83	MEGA	2:26.05	462	34.65	37.00	38.10	36.30
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40 - 44 ans, Messieurs

1. DUREZ, Gérald	76	ENLN	2:13.73	443	31.06	34.21	34.58	33.88
2. RUTTEN, Ben	76	OZEKA	2:14.29	438	31.41	33.84	35.26	33.78
3. VAN HAVERE, Tim	77	GBZ	2:31.60	304	34.50	38.02	40.55	38.53

40 - 44 ans, Dames

1. LENOIR, Sunny	78	HELIOS	2:56.75	261	39.02	44.58	47.78	45.37
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45 - 49 ans, Messieurs

1. ARNOULD, Xavier	74	CNSW	2:25.15	347	33.95	38.08	39.50	33.62
2. CONTENT, Stéphane	71	CNSW	2:33.50	293	36.18	38.77	40.58	37.97

45 - 49 ans, Dames

1. ROLLAND, Valérie	71	CNSW	2:45.89	315	38.29	41.42	43.99	42.19
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50 - 54 ans, Messieurs

1. WADIN, Christophe	68	DM	2:32.95	296	33.14	37.62	41.03	41.16
2. DE SCHEERDER, Philipp	65	CDC	2:34.92	285	35.59	40.04	40.10	39.19
3. CALLENS, Jean-Claude	67	DM	2:56.74	192	41.51	44.99	47.43	42.81
4. SIMOENS, Gaëtan	65	HELIOS	3:27.00	119	45.71	52.81	54.75	53.73

50 - 54 ans, Dames

1. DUBUS, Lucy	69	DM	3:04.17	230	41.49	45.50	48.77	48.41
2. DELAERE, Sabine	69	DM	3:15.74	192	44.28	49.79	51.30	50.37

55 - 59 ans, Messieurs

1. AERTS, Davy	64	SHARK	2:31.08	307	34.92	39.16	39.06	37.94
2. CHALMER, Olaf	64	Lux Sharks 16	3:00.86	179	41.37	45.95	47.20	46.34
3. PICALET, Michel	62	DM	3:15.10	142	43.08	49.23	53.80	48.99

60 - 64 ans, Messieurs

1. JULLIEN, Guy	57	HELIOS	3:20.58	131	47.37	49.72	52.81	50.68
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65 - 69 ans, Dames

1. LEROY, Suzette	52	HELIOS	3:14.18	196	44.55	48.19	51.43	50.01
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70 - 74 ans, Dames

1. ROFFIAEN, Anne-Marie	48	HELIOS	5:11.36	47	1:14.74	1:17.03	1:19.75	1:19.84
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75 - 79 ans, Messieurs

1. DE HAAN, Michel	44	CNSW	3:54.69	82	42.42	53.66	1:07.17	1:11.44
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Epreuve 11 4 x 100m 4 nages CA 100 - 359
10-11-19 Liste résultats

Points: FINA 2019

Rang						Temps	Pts
R2, Messieurs							
1.	ZNA HEREN R2		ZNA			5:13.70	288
	DE MEULENEIRE, Jarl	97	35.73	1:15.90	EELBODE, Nik	81	36.28 1:16.35
	MATTÉ, Steven	85	40.26	1:29.78	DE VRIENDT, Nils	78	34.76 1:11.67

R3, Messieurs

1.	CNSW MESSIEURS R3		CNSW			5:31.17	245
	FRIZ, Lorenzo	92	40.92	1:24.02	HERMAN, Hugues	66	36.05 1:15.86
	SCHOENAERS, Christian	59	46.63	1:37.46	SLEGGERS, Nicolas	84	35.29 1:13.83
2.	HELIOS MESSIEURS R3		HELIOS			5:52.41	203
	JASSOGNE, Claude	68	48.48	1:41.32	ROLDAN SIMON, Adrien	90	35.84 1:16.35
	DELEPLANQUE, Xavier	73	42.45	1:30.63	SIMOENS, Gaëtan	65	39.50 1:24.11

R3, Dames

1.	CNSW Dames R3		CNSW			5:54.25	279
	SHOJI, Chiho	70	40.73	1:22.96	VAN LINDT, Kathy	71	40.54 1:29.72
	GUERET, Aurore	87	44.42	1:35.56	WALRAVENS, Paule	67	41.09 1:26.01

R4, Dames

1.	HELIOS DAMES R4		HELIOS			7:19.39	146
	VANKEMEULEN, Cathy	64	55.59	1:52.85	BURTON, Elizabeth	88	53.28 1:55.37
	DUBUISSON, Yolande	51	57.10	1:59.14	LEROY, Suzette	52	43.25 1:32.03

Epreuve 12 Mixte, 4 x 200m Libre CA 100 - 359
11-11-19 Liste résultats

Points: FINA 2019

Rang						Temps	Pts
R4							
1.	HELIOS R4		HELIOS			12:36.04	
	LEROY, Suzette	52	45.34	50.13	52.99	50.79	3:19.25
	BURTON, Elizabeth	88	41.20	46.99	51.23	48.17	3:07.59
	JULLIEN, Guy	57	48.08	52.34	53.26	49.71	3:23.39
	DELEPLANQUE, Xavier	73	37.14	41.63	44.84	42.20	2:45.81

Epreuve 13 400m 4 nages 20 ans et plus
11-11-19 Liste résultats

Points: FINA 2019

Rang			AN			Temps	Pts
20 - 24 ans, Messieurs							
1.	DECONINCK, Michiel		95	GOLD		5:05.14	510
	50m: 34.01	34.01	150m: 1:52.09	40.81	250m: 3:14.74	44.00	350m: 4:32.52 34.90
	100m: 1:11.28	37.27	200m: 2:30.74	38.65	300m: 3:57.62	42.88	400m: 5:05.14 32.62

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Epreuve 13, 400m 4 nages

50 - 54 ans, Messieurs

1. HERMAN, Hugues	66	CNSW						5:48.98	341
50m: 37.04 37.04	150m: 2:05.64 44.81	250m: 3:40.77 50.72	350m: 5:10.82 39.00						
100m: 1:20.83 43.79	200m: 2:50.05 44.41	300m: 4:31.82 51.05	400m: 5:48.98 38.16						

Epreuve 14
11-11-19

800m Libre

20 ans et plus
Liste résultats

Points: FINA 2019

Rang	AN								Temps	Pts		
25 - 29 ans, Messieurs												
1.	BERCKMANS, Nicolas		94	W					12:31.39	217		
	100m:	1:24.60	1:24.60	300m:	4:33.62	1:34.53	500m:	7:48.09	1:38.25	700m:	11:00.02	1:35.54
	200m:	2:59.09	1:34.49	400m:	6:09.84	1:36.22	600m:	9:24.48	1:36.39	800m:	12:31.39	1:31.37

35 - 39 ans, Messieurs

1. SLEGERS, Nicolas	84	CNSW			12:04.08 243
100m: 1:20.51 1:20.51	300m: 4:23.63 1:32.40	500m: 7:31.01 1:33.66	700m: 10:36.99 1:31.34		
200m: 2:51.23 1:30.72	400m: 5:57.35 1:33.72	600m: 9:05.65 1:34.64	800m: 12:04.08 1:27.09		
2. LUQUET, Goulven	81	DM			14:39.02 136
100m: 1:38.94 1:38.94	300m: 5:20.13 1:52.67	500m: 9:06.97 1:53.55	700m: 12:51.91 1:51.22		
200m: 3:27.46 1:48.52	400m: 7:13.42 1:53.29	600m: 11:00.69 1:53.72	800m: 14:39.02 1:47.11		

35 - 39 ans, Dames

1. WANTER, Ann	82	ZGEEL			10:12.73 495
100m: 1:10.40 1:10.40	300m: 3:41.15 1:15.98	500m: 6:16.73 1:18.11	700m: 8:55.51 1:19.40		
200m: 2:25.17 1:14.77	400m: 4:58.62 1:17.47	600m: 7:36.11 1:19.38	800m: 10:12.73 1:17.22		
2. WANLIN, Catherine	81	PERRON			12:04.91 299
100m: 1:25.20 1:25.20	300m: 4:32.07 1:33.99	500m: 7:35.77 1:31.17	700m: 10:36.64 1:29.56		
200m: 2:58.08 1:32.88	400m: 6:04.60 1:32.53	600m: 9:07.08 1:31.31	800m: 12:04.91 1:28.27		

40 - 44 ans, Messieurs

1. RUTTEN, Ben	76	OZEKA			9:41.50 470
100m: 1:09.04 1:09.04	300m: 3:35.56 1:13.38	500m: 6:02.21 1:13.26	700m: 8:29.30 1:13.68		
200m: 2:22.18 1:13.14	400m: 4:48.95 1:13.39	600m: 7:15.62 1:13.41	800m: 9:41.50 1:12.20		

50 - 54 ans, Dames

1. AERTS, Christel	66	TESS			12:31.34 268
100m: 1:25.99 1:25.99	300m: 4:37.54 1:36.42	500m: 7:51.04 1:36.30	700m: 11:01.54 1:35.10		
200m: 3:01.12 1:35.13	400m: 6:14.74 1:37.20	600m: 9:26.44 1:35.40	800m: 12:31.34 1:29.80		
2. DUBUS, Lucy	69	DM			13:30.16 214
100m: 1:28.54 1:28.54	300m: 4:50.64 1:42.20	500m: 8:18.49 1:44.43	700m: 11:48.08 1:44.64		
200m: 3:08.44 1:39.90	400m: 6:34.06 1:43.42	600m: 10:03.44 1:44.95	800m: 13:30.16 1:42.08		
3. VANDENBROUCK, Ann	65	ROSC			16:51.72 110
100m: 1:57.61 1:57.61	300m: 6:14.46 2:08.41	500m: 10:31.39 2:07.78	700m: 14:47.08 2:08.77		
200m: 4:06.05 2:08.44	400m: 8:23.61 2:09.15	600m: 12:38.31 2:06.92	800m: 16:51.72 2:04.64		

55 - 59 ans, Messieurs

1. ROGIERS, Jo	63	RSCM			10:54.50 329
100m: 1:14.18 1:14.18	300m: 3:58.62 1:22.15	500m: 6:44.16 1:23.31	700m: 9:32.38 1:24.12		
200m: 2:36.47 1:22.29	400m: 5:20.85 1:22.23	600m: 8:08.26 1:24.10	800m: 10:54.50 1:22.12		

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Epreuve 14, Messieurs, 800m Libre, 55 - 59 ans

Rang	AN								Temps	Pts		
2.	VERCOUTER, Wolfgang								64	KWZC	13:11.80	186
	100m:	1:25.49	1:25.49	300m:	4:44.95	1:41.45	500m:	8:07.09	1:41.36	700m:	11:31.54	1:42.04
	200m:	3:03.50	1:38.01	400m:	6:25.73	1:40.78	600m:	9:49.50	1:42.41	800m:	13:11.80	1:40.26
3.	PICAUVET, Michel								62	DM	14:04.21	153
	100m:	1:33.14	1:33.14	300m:	5:07.24	1:50.01	500m:	8:41.81	1:47.42	700m:	12:20.63	1:49.31
	200m:	3:17.23	1:44.09	400m:	6:54.39	1:47.15	600m:	10:31.32	1:49.51	800m:	14:04.21	1:43.58
4.	MADZIAR, Piotr								61	PLOUF	17:12.49	83
	100m:	1:50.05	1:50.05	300m:	6:11.74	2:11.59	500m:	10:38.41	2:12.84	700m:	15:05.58	2:13.50
	200m:	4:00.15	2:10.10	400m:	8:25.57	2:13.83	600m:	12:52.08	2:13.67	800m:	17:12.49	2:06.91

65 - 69 ans, Dames

1.	GIORGI, Miléna				53	HELIOS				19:50.47	67	
	100m:	2:22.56	2:22.56	300m:	7:27.62	2:31.79	500m:	12:28.19	2:29.81	700m:	17:26.31	2:29.01
	200m:	4:55.83	2:33.27	400m:	9:58.38	2:30.76	600m:	14:57.30	2:29.11	800m:	19:50.47	2:24.16

Epreuve 15
11-11-19

1500m Libre

20 ans et plus
Liste résultats

Points: FINA 2019

Rang	AN								Temps	Pts		
20 - 24 ans, Dames												
1.	MESTDAGH, Magali			96	DM				21:12.71	378		
	100m:	1:13.84	1:13.84	500m:	6:50.94	1:26.44	900m:	12:39.52	1:27.86	1300m:	18:21.71	1:26.24
	200m:	2:35.04	1:21.20	600m:	8:17.32	1:26.38	1000m:	14:05.29	1:25.77	1400m:	19:47.85	1:26.14
	300m:	3:58.46	1:23.42	700m:	9:44.39	1:27.07	1100m:	15:30.46	1:25.17	1500m:	21:12.71	1:24.86
	400m:	5:24.50	1:26.04	800m:	11:11.66	1:27.27	1200m:	16:55.47	1:25.01			
2.	JANSSENS, Sofie			98	ZVL				23:00.22	296		
	100m:	1:21.76	1:21.76	500m:	7:24.43	1:31.65	900m:	13:37.21	1:34.36	1300m:	19:56.39	1:33.76
	200m:	2:50.30	1:28.54	600m:	8:57.21	1:32.78	1000m:	15:12.03	1:34.82	1400m:	21:30.90	1:34.51
	300m:	4:21.10	1:30.80	700m:	10:30.38	1:33.17	1100m:	16:47.87	1:35.84	1500m:	23:00.22	1:29.32
	400m:	5:52.78	1:31.68	800m:	12:02.85	1:32.47	1200m:	18:22.63	1:34.76			

25 - 29 ans, Dames

1.	NAESSENS, Nora				94	GOLD				18:16.92	590	
	100m:	1:09.17	1:09.17	500m:	6:00.69	1:13.13	900m:	10:54.62	1:13.28	1300m:	15:50.37	1:13.82
	200m:	2:21.75	1:12.58	600m:	7:14.05	1:13.36	1000m:	12:08.91	1:14.29	1400m:	17:04.07	1:13.70
	300m:	3:34.53	1:12.78	700m:	8:27.62	1:13.57	1100m:	13:22.64	1:13.73	1500m:	18:16.92	1:12.85
	400m:	4:47.56	1:13.03	800m:	9:41.34	1:13.72	1200m:	14:36.55	1:13.91			

30 - 34 ans, Dames

1.	BURTON, Elizabeth			88	HELIOS					26:11.39	200	
	100m:	1:31.11	1:31.11	500m:	8:31.57	1:45.89	900m:	15:38.60	1:47.44	1300m:	22:43.98	1:45.76
	200m:	3:13.86	1:42.75	600m:	10:18.60	1:47.03	1000m:	17:25.26	1:46.66	1400m:	24:28.77	1:44.79
	300m:	4:58.90	1:45.04	700m:	12:04.24	1:45.64	1100m:	19:12.39	1:47.13	1500m:	26:11.39	1:42.62
	400m:	6:45.68	1:46.78	800m:	13:51.16	1:46.92	1200m:	20:58.22	1:45.83			

45 - 49 ans, Messieurs

1.	JONKER, Arnold				70	HZ&PC				27:43.27	143	
	100m:	1:49.86	1:49.86	500m:	9:22.84	1:52.26	900m:	16:43.87	1:50.47	1300m:	24:05.13	1:49.25
	200m:	3:44.45	1:54.59	600m:	11:11.96	1:49.12	1000m:	18:34.42	1:50.55	1400m:	25:56.16	1:51.03
	300m:	5:38.24	1:53.79	700m:	13:02.83	1:50.87	1100m:	20:24.94	1:50.52	1500m:	27:43.27	1:47.11
	400m:	7:30.58	1:52.34	800m:	14:53.40	1:50.57	1200m:	22:15.88	1:50.94			

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Epreuve 15, 1500m Libre

45 - 49 ans, Dames

1.	VAN LINDT, Kathy	71	CNSW					21:53.89	343
	100m: 1:20.97 1:20.97	500m: 7:09.56 1:28.39	900m: 13:03.32 1:28.17	1300m: 18:58.97 1:29.07					
	200m: 2:47.07 1:26.10	600m: 8:37.82 1:28.26	1000m: 14:31.42 1:28.10	1400m: 20:26.90 1:27.93					
	300m: 4:13.84 1:26.77	700m: 10:06.73 1:28.91	1100m: 16:00.03 1:28.61	1500m: 21:53.89 1:26.99					
	400m: 5:41.17 1:27.33	800m: 11:35.15 1:28.42	1200m: 17:29.90 1:29.87						
2.	VAN HOOFF, Natacha	73	SHARK					24:55.35	233
	100m: 1:30.55 1:30.55	500m: 8:04.70 1:39.41	900m: 14:47.05 1:41.88	1300m: 21:33.64 1:41.56					
	200m: 3:06.70 1:36.15	600m: 9:44.40 1:39.70	1000m: 16:28.69 1:41.64	1400m: 23:16.22 1:42.58					
	300m: 4:45.48 1:38.78	700m: 11:25.00 1:40.60	1100m: 18:09.86 1:41.17	1500m: 24:55.35 1:39.13					
	400m: 6:25.29 1:39.81	800m: 13:05.17 1:40.17	1200m: 19:52.08 1:42.22						

50 - 54 ans, Messieurs

1.	CALLENS, Jean-Claude	67	DM					25:32.21	183
	100m: 1:33.74 1:33.74	500m: 8:21.28 1:42.93	900m: 15:12.26 1:43.41	1300m: 22:08.43 1:42.99					
	200m: 3:14.96 1:41.22	600m: 10:02.49 1:41.21	1000m: 16:56.18 1:43.92	1400m: 23:52.45 1:44.02					
	300m: 4:56.32 1:41.36	700m: 11:45.22 1:42.73	1100m: 18:41.56 1:45.38	1500m: 25:32.21 1:39.76					
	400m: 6:38.35 1:42.03	800m: 13:28.85 1:43.63	1200m: 20:25.44 1:43.88						
2.	FROIDBISE, Emmanuel	68	CNSW					29:09.77	123
	100m: 1:51.09 1:51.09	500m: 9:38.34 1:56.73	900m: 17:31.36 1:59.26	1300m: 25:20.19 1:55.34					
	200m: 3:46.27 1:55.18	600m: 11:34.76 1:56.42	1000m: 19:29.69 1:58.33	1400m: 27:18.60 1:58.41					
	300m: 5:43.63 1:57.36	700m: 13:33.17 1:58.41	1100m: 21:27.41 1:57.72	1500m: 29:09.77 1:51.17					
	400m: 7:41.61 1:57.98	800m: 15:32.10 1:58.93	1200m: 23:24.85 1:57.44						
3.	SAILLEZ, Christophe	68	CNSW					29:24.67	120
	100m: 1:39.86 1:39.86	500m: 9:25.96 1:57.99	900m: 17:20.73 1:59.57	1300m: 25:22.74 2:01.69					
	200m: 3:33.23 1:53.37	600m: 11:24.06 1:58.10	1000m: 19:19.87 1:59.14	1400m: 27:26.85 2:04.11					
	300m: 5:29.73 1:56.50	700m: 13:22.24 1:58.18	1100m: 21:20.32 2:00.45	1500m: 29:24.67 1:57.82					
	400m: 7:27.97 1:58.24	800m: 15:21.16 1:58.92	1200m: 23:21.05 2:00.73						

55 - 59 ans, Messieurs

1.	TIMMERMANS, Filip	60	SHARK					28:09.59	137
	100m: 1:34.31 1:34.31	500m: 8:49.29 1:51.66	900m: 16:32.40 1:59.55	1300m: 24:11.35 1:58.80					
	200m: 3:17.69 1:43.38	600m: 10:43.88 1:54.59	1000m: 18:26.64 1:54.24	1400m: 26:14.15 2:02.80					
	300m: 5:05.94 1:48.25	700m: 12:39.72 1:55.84	1100m: 20:21.54 1:54.90	1500m: 28:09.59 1:55.44					
	400m: 6:57.63 1:51.69	800m: 14:32.85 1:53.13	1200m: 22:12.55 1:51.01						

55 - 59 ans, Dames

1.	VAN DER MOLEN, Pia	60	Avena					29:04.19	146
	100m: 1:40.09 1:40.09	500m: 9:26.76 1:59.21	900m: 17:19.76 1:57.94	1300m: 25:12.43 1:56.82					
	200m: 3:33.24 1:53.15	600m: 11:25.13 1:58.37	1000m: 19:18.94 1:59.18	1400m: 27:10.88 1:58.45					
	300m: 5:29.85 1:56.61	700m: 13:23.40 1:58.27	1100m: 21:18.16 1:59.22	1500m: 29:04.19 1:53.31					
	400m: 7:27.55 1:57.70	800m: 15:21.82 1:58.42	1200m: 23:15.61 1:57.45						

60 - 64 ans, Messieurs

1.	JULLIEN, Guy	57	HELIOS					26:53.41	157
	100m: 1:44.99 1:44.99	500m: 9:02.10 1:48.82	900m: 16:16.14 1:48.76	1300m: 23:25.85 1:46.40					
	200m: 3:35.10 1:50.11	600m: 10:50.30 1:48.20	1000m: 18:05.35 1:49.21	1400m: 25:11.43 1:45.58					
	300m: 5:24.15 1:49.05	700m: 12:39.55 1:49.25	1100m: 19:52.73 1:47.38	1500m: 26:53.41 1:41.98					
	400m: 7:13.28 1:49.13	800m: 14:27.38 1:47.83	1200m: 21:39.45 1:46.72						

65 - 69 ans, Dames

1.	MEIJER, Ineke	52	HZ&PC					31:01.38	120
	100m: 1:53.64 1:53.64	500m: 10:18.22 2:05.92	900m: 18:42.42 2:05.98	1300m: 27:00.76 2:04.56					
	200m: 3:59.10 2:05.46	600m: 12:23.82 2:05.60	1000m: 20:46.94 2:04.52	1400m: 29:04.13 2:03.37					
	300m: 6:05.93 2:06.83	700m: 14:30.32 2:06.50	1100m: 22:50.75 2:03.81	1500m: 31:01.38 1:57.25					
	400m: 8:12.30 2:06.37	800m: 16:36.44 2:06.12	1200m: 24:56.20 2:05.45						

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Epreuve 16 11-11-19	4 x 200m Libre	CA 100 - 359 Liste résultats
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Points: FINA 2019

Rang Epreuve 17 11-11-19	Mixte, 4 x 100m 4 nages	Temps Pts CA 100 - 359 Liste résultats
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Points: FINA 2019

Rang R4		Temps Pts
1. HELIOS R4 VANKEMEULEN, Cathy DUBUISSON, Yolande	HELIOS 64 55.20 1:53.90 DELEPLANQUE, Xavier 51 58.66 2:03.13 JULLIEN, Guy	7:05.57 135 73 40.69 1:31.09 57 47.79 1:37.45

Epreuve 18 11-11-19	100m Papillon	20 ans et plus Liste résultats
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Points: FINA 2019

Rang	AN		Temps	Pts	50m	100m
20 - 24 ans, Messieurs						
1. ROISEUX, Antoine	96	CEBENA	1:15.06	292	31.12	43.94
25 - 29 ans, Messieurs						
1. BERCKMANS, Nicolas	94	W	1:22.80	217	37.86	44.94
30 - 34 ans, Messieurs						
1. MILLIAU, Stefaan	87	STW	1:18.53	255	34.67	43.86
35 - 39 ans, Messieurs						
1. VANDEVELD, Julien	83	PLOUF	1:07.39	404	31.18	36.21
35 - 39 ans, Dames						
1. WANTER, Ann	82	ZGEEL	1:12.24	452	33.73	38.51
45 - 49 ans, Messieurs						
1. DELEPLANQUE, Xavier	73	HELIOS	1:26.48	191	40.09	46.39
2. DENEYER, Christophe	72	PLOUF	1:52.10	87	46.08	1:06.02
3. JONKER, Arnold	70	HZ&PC	2:03.08	66	56.74	1:06.34
50 - 54 ans, Messieurs						
1. HERMAN, Hugues	66	CNSW	1:14.44	299	34.49	39.95
2. DE SCHEERDER, Philippe	65	CDC	1:19.20	248	37.27	41.93

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Epreuve 19 11-11-19	100m Dos	20 ans et plus Liste résultats
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Points: FINA 2019

Rang	AN		Temps	Pts	50m	100m
40 - 44 ans, Messieurs						
1.	MICHAUX, Raphaël	77	HELIOS	1:24.53	230	41.71 42.82
45 - 49 ans, Messieurs						
1.	CLARK, Johan	71	ZDKK	1:25.97	219	42.74 43.23
45 - 49 ans, Dames						
1.	SHOJI, Chiho	70	CNSW	1:21.10	365	40.40 40.70
2.	VAN HOOF, Natacha	73	SHARK	2:00.61	111	1:02.51 58.10
50 - 54 ans, Dames						
1.	DUBUS, Lucy	69	DM	1:38.55	203	48.04 50.51
55 - 59 ans, Messieurs						
1.	CHALMER, Olaf	64	Lux Sharks 16	1:43.40	126	50.48 52.92
55 - 59 ans, Dames						
1.	VAN DER MOLEN, Pia	60	Avena	1:41.62	185	49.47 52.15
2.	VANKEMEULEN, Cathy	64	HELIOS	1:52.22	138	55.06 57.16
60 - 64 ans, Messieurs						
1.	SCHOENAERS, Christian	59	CNSW	1:45.39	119	51.14 54.25
65 - 69 ans, Dames						
1.	MEIJER, Ineke	52	HZ&PC	1:56.71	122	57.62 59.09
2.	VAN CANT, Maryse	54	AZSC	2:26.35	62	1:07.29 1:19.06

Epreuve 20 11-11-19	100m Brasse	20 ans et plus Liste résultats
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Points: FINA 2019

Rang	AN		Temps	Pts	50m	100m
30 - 34 ans, Dames						
1.	ALLARY, Lyndsay	85	ROSC	2:04.25	137	1:00.07 1:04.18
35 - 39 ans, Messieurs						
1.	SLEGERS, Nicolas	84	CNSW	1:25.56	297	41.55 44.01
45 - 49 ans, Messieurs						
1.	DELEPLANQUE, Xavier	73	HELIOS	1:28.56	268	42.57 45.99
45 - 49 ans, Dames						
1.	VAN LINDT, Kathy	71	CNSW	1:35.11	306	44.04 51.07

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Epreuve 20, 100m Brasse

50 - 54 ans, Messieurs

1. JASSOGNE, Claude	68	HELIOS	1:43.26	169	50.90	52.36
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55 - 59 ans, Messieurs

1. VERCOUTER, Wolfgang	64	KWZC	1:35.22	215	45.34	49.88
2. MINON, Alain	63	HELIOS	1:39.69	187	47.15	52.54

55 - 59 ans, Dames

1. WATERVAL, Marie-Paul	62	LDV	1:51.94	188	55.24	56.70
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60 - 64 ans, Messieurs

1. SCHOENAERS, Christian	59	CNSW	1:33.71	226	44.30	49.41
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65 - 69 ans, Messieurs

1. LANGUILLIER, Etienne	50	CNSW	3:56.25	14	1:49.99	2:06.26
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65 - 69 ans, Dames

1. DUBUISSON, Yolande	51	HELIOS	2:00.35	151	55.49	1:04.86
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75 - 79 ans, Messieurs

1. LEMPEREUR, Gustave	42	CNSW	1:43.11	169	47.80	55.31
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80 - 84 ans, Messieurs

1. DEFAWE, André	37	PERRON	2:59.26	32	1:20.74	1:38.52
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Epreuve 21
11-11-19

100m Libre

20 ans et plus
Liste résultats

Points: FINA 2019

Rang	AN		Temps	Pts	50m	100m
20 - 24 ans, Messieurs						
1. ROISEUX, Antoine	96	CEBENA	1:01.58	442	30.13	31.45
30 - 34 ans, Messieurs						
1. MILLIAU, Stefaan	87	STW	1:06.20	355	31.32	34.88
35 - 39 ans, Messieurs						
1. VANDEVELD, Julien	83	PLOUF	1:00.68	462	29.52	31.16
2. LUQUET, Goulven	81	DM	1:32.76	129	43.99	48.77
40 - 44 ans, Messieurs						
1. HERMANS, Arnaud	77	HELIOS	1:03.53	402	28.82	34.71
2. MICHAUX, Raphaël	77	HELIOS	1:10.29	297	33.29	37.00
40 - 44 ans, Dames						
1. LENOIR, Sunny	78	HELIOS	1:19.15	278	38.02	41.13

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Epreuve 21, 100m Libre

45 - 49 ans, Messieurs

1. ARNOULD, Xavier	74	CNSW	1:03.81	397	29.83	33.98
2. DENEYER, Christophe	72	PLOUF	1:22.61	183	38.76	43.85
3. MARET, Olivier	71	HELIOS	1:28.86	147	40.63	48.23

45 - 49 ans, Dames

1. SHOJI, Chiho	70	CNSW	1:13.93	342	35.85	38.08
2. VAN LINDT, Kathy	71	CNSW	1:14.11	339	36.27	37.84

50 - 54 ans, Messieurs

1. HERMAN, Hugues	66	CNSW	1:00.63	463	29.75	30.88
2. DE SCHEERDER, Philippe	65	CDC	1:11.28	285	34.70	36.58
3. JASSOGNE, Claude	68	HELIOS	1:19.19	207	37.35	41.84
4. CALLENS, Jean-Claude	67	DM	1:20.18	200	39.30	40.88

50 - 54 ans, Dames

1. DUBUS, Lucy	69	DM	1:20.38	266	40.57	39.81
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55 - 59 ans, Messieurs

1. CHALMER, Olaf	64	Lux Sharks 16	1:20.05	201	38.35	41.70
2. MADZIAR, Piotr	61	PLOUF	1:30.81	137	43.84	46.97

60 - 64 ans, Messieurs

1. JULLIEN, Guy	57	HELIOS	1:31.48	134	44.67	46.81
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65 - 69 ans, Dames

1. LEROY, Suzette	52	HELIOS	1:29.62	192	42.06	47.56
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70 - 74 ans, Dames

1. ROFFIAEN, Anne-Marie	48	HELIOS	2:26.96	43	1:09.95	1:17.01
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Epreuve 22
11-11-19

200m 4 nages

20 ans et plus
Liste résultats

Points: FINA 2019

Rang	AN		Temps	Pts	50m	100m	150m	200m
20 - 24 ans, Dames								
1. MESTDAGH, Magali	96	DM	2:51.22	399	33.42	46.01	53.27	38.52
35 - 39 ans, Messieurs								
1. VANDEVELD, Julien	83	PLOUF	2:52.62	288	33.87	45.65	52.65	40.45
2. HULOT, Julien	80	W	2:53.22	285	37.34	46.57	49.28	40.03
35 - 39 ans, Dames								
1. WANTER, Ann	82	ZGEEL	2:38.84	500	34.92	39.54	50.03	34.35
45 - 49 ans, Messieurs								
1. DELEPLANQUE, Xavier	73	HELIOS	3:03.95	238	38.59	50.16	52.74	42.46
2. CLARK, Johan	71	ZDKK	3:05.76	231	40.89	47.78	55.74	41.35

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Epreuve 22, 200m 4 nages

45 - 49 ans, Dames

1. VAN HOOFF, Natacha	73	SHARK	3:51.20	162	56.55	1:04.05	1:06.34	44.26
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55 - 59 ans, Messieurs

1. VERCOUTER, Wolfgang	64	KWZC	3:12.31	208	40.77	48.85	54.62	48.07
2. PICALET, Michel	62	DM	3:48.89	123	51.24	1:07.50	1:03.24	46.91

55 - 59 ans, Dames

1. WATERVAL, Marie-Paul	62	LDV	4:01.54	142	1:08.42	57.52	1:02.40	53.20
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65 - 69 ans, Messieurs

1. CADIAT, Jean-Marie	53	CNSW	2:53.47	283	35.05	49.23	50.74	38.45
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65 - 69 ans, Dames

1. DUBUISSON, Yolande	51	HELIOS	4:26.48	106	1:01.11	1:15.49	1:09.28	1:00.60
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Epreuve 23
11-11-19

4 x 100m Libre

CA 100 - 359
Liste résultats

Points: FINA 2019

Rang							Temps	Pts
R3, Messieurs								
1.	HELIOS MESSIEURS R3			HELIOS		5:15.51		212
	JASSOGNE, Claude	68	40.45	1:22.70	MICHAUX, Raphaël	77	33.92	1:11.28
	MARET, Olivier	71	42.16	1:32.37	HERMANS, Arnaud	77	32.94	1:09.16
R5, Dames								
1.	HELIOS DAMES R5			HELIOS		7:11.33		115
	ROFFIAEN, Anne-Marie	48	1:15.17	2:28.72	LEROY, Suzette	52	45.95	1:32.13
	DUBUISSON, Yolande	51	51.42	1:47.20	LENOIR, Sunny	78	40.40	1:23.28